

Combo Program Overview & Single Subjects

The curriculum for our Combination Years Program centers on a developmentally appropriate conceptual syllabus of dance techniques that continues our Beginning Years Program. One goal of the Combination Years Program is to prepare students with foundations in Ballet, Jazz, and Tap while fostering social skills and peer engagement. Furthermore, the program covers various skills, such as choreographic design, technical awareness, and injury prevention, presented in an educational environment. Students will also learn about classroom etiquette, musical awareness, expressing emotions through movement, improvisation, leadership skills, and more.

Levels 2-6 :Ages~ 5yrs -14+

Ballet, Tap, Jazz

Class Frequency: Weekly

In our Combo Classes, students are exposed to three dance genres: Ballet, Tap, and Jazz. The class is separated into three sections of time. All Combo Classes begin with a proper warm-up of muscles and joints. After the initial warm-up, students are exposed to proper Ballet techniques using the barre for Ballet exercises. Following Ballet Barre, students move across the floor Ballet exercises such as turns, petit allegro, grand allegro, and center. Students finish the class with center work and technique-building exercises with combinations and reverence.



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Jazz will begin with an aerobic warm-up followed by skill-building progressions. After, students may work in the center to increase flexibility and stamina, followed by a dance combination/sequence. This sequence will vary and may consist of contemporary, lyrical, or modern styles.

Our tap classes follow a sequential tap syllabus used as a framework for all tap classes. This syllabus is separated into grade-level units based on previously taught skills and steps. As students grow, the foundational steps become more advanced and intricate. The class begins with across-the-floor combinations, which include developmentally appropriate steps and skills. Class continues with center floor work and combinations.

Single Subject Classes

AcroDance: We are an Acrobatic Arts Certified Academy!

Single Subject Classes: Levels 1-6

Class Frequency: Weekly

Students of all ages are introduced to acrobatic art techniques and skills in this energetic environment. After a proper warm-up exercise, students may use our equipment room with our TUMBLE TRAK. Following the ACROBATIC ARTS Syllabus, students will learn progressions for skills. Once dancers have mastered basic skills, they will move on to more difficult progressions and skills.

Combo Program Overview & Single Subjects

Contemporary/ Lyrical

Single Subject Classes: Levels 2-6

Class Frequency: Weekly

The class focuses on a Contemporary/lyrical dance style, which uses song lyrics and body to tell a story. The characteristic of this dance genre is less rigid than ballet but slower than jazz. All classes will begin with a warm-up and improvisation activity. The class will include a combination/sequence of various music sections. Students must be enrolled in Ballet appropriate level.

Hip Hop

Single Subject Classes: Levels 2-6

Class Frequency: Weekly

The class starts with a warm-up designed to build strength and style. The class continues with combinations that are the perfect fusion of styles that combine jazz roots and hip hop. This class increases fitness, strength, and flexibility through exercises. Participation in this class allows students to learn a variety of hip-hop moves, develop a personal style and increase confidence.

Irish Step

Single Subject Classes: Levels 2-6

Class Frequency: Weekly

Our program is designed to teach traditional Irish Step moves while allowing students to explore the Irish heritage. Students will learn various skills to demonstrate precision, technique, footwork, and good posture. The class will begin with a warm-up of progressions across the floor and then end with choreography.

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Pointe/ Pre-Pointe

Single Subject Classes: Levels 4-6

Class Frequency: Weekly

This class is for students whom the director has permitted. It is a requirement to participate in Ballet to ensure that students are receiving proper training in Ballet. Students in our Pointe class will develop the necessary strength through warm-up variations, strengthening exercises, Barre exercises, and center floor work. Pre-Pointe classes would be taken to develop and strengthen the muscles necessary to go on Pointe in the future. Students will participate in the class as though they are on Pointe.

Musical Theater

Single Subject Classes: Levels 1-6

Class Frequency: Weekly

The students will be engrossed in several aspects of theater during this class. Acting, singing, dancing, and other opportunities await them! Students will participate in theater activities and games to develop theatrical and performance skills. This class will prepare students for various theater roles while increasing personal confidence on and off stage.

